

RISK ASSESSMENT FOR: Football training during COVID 19 outbreak. During this evolving situation please monitor and follow government guidance given in the web links provided		
Establishment: Buckden Junior FC	Assessment by: Alan Lewey – Child Welfare Officer	Date: 3 rd August 2020
Risk assessment number/ref: (add your own if so desired): RA-003	Committee Approval: Michael Lander - Chairman	Date: 4 th August 2020

What are the hazards?	Who might be harmed and how?	What to do	Risk Factor
Suspected symptoms	Coaches, players, parents and the public Spread of COVID 19	If a person displays symptoms of coronavirus : high temperature (37.8 or more) or a new continuous cough, they should: - Stay at home and follow government guides on isolation. No player should return to training until the necessary isolation has taken place. https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance If a player or coach becomes ill after training they should following the guidance below. https://www.gov.uk/guidance/nhs-test-and-trace-how-it-works	Medium
Arriving to & leaving from training	Coaches, players, parents and the public Spread of COVID 19	Arriving at Training Players should only travel in their own family group or social bubble and stay 2 metres apart if arriving to training at the same time as other players or coaches. At parent must remain at training at all times and be visible to the coach at all times, maintaining social distancing. Players should santise their hands before starting training. Leaving Training	Low Low

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		Sanitise hands before leaving and keep 2 metres apart when leaving training. Players will be dismissed to parents one by one. Please leave immediately following social distancing. Lifts home with anyone outside your household are not allowed.	
Equipment Use	Coaches, players, parents and the public Spread of COVID 19	Where possible each player to bring from home a football (correct size, if the ball is the same as another player it will need to be initialled). If this is not possible the club will provide a football (balls will be numbered). The coach is responsible for ensuring that all club equipment has been cleaned with anti-bacterial spray/wipes prior to training and afterwards. This covers the following equipment, footballs, goals, cones, corner flags and any other training aid that players may have close contact to or touch. Bibs should not be used. All standard safety checks of equipment will take place as normal.	High
Training Sessions	Coaches, players, parents and the public Spread of COVID 19	The Sessions Each session will only last 1 hour with the coach arriving 15 minutes before it starts to setup social distancing areas and ensure any equipment has been cleaned. All sessions will contain a maximum of 30 players including coaches. Competitive training including contact is now allowed but social distancing must be observed at all other times including warm ups and cool downs. Coaches should try and limit close proximity between players and take regular breaks to sanitise hands and equipment. Coaches should remain 2 metres from the players or if not possible follow the 1 metre plus guidance. Players and coaches should not spit and refrain from shouting. All sessions taking place at the Buckden Recreation Ground will be spaced out to allow multiple sessions. Coaches, players and parents should allow the previous session to leave prior to entering their training area. If all coaches are unable to attend and cannot organise a replacement the session must be cancelled.	Medium

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		<p>Only 4 sessions are permitted at one time, they will be in the 4 corners of the field.</p> <p>The training area should be coned off allowing enough space for the session and for the 2-metre social distancing to take place.</p> <p>This area must also be at least 2 metres away from any public path and parents must remain outside it unless asked to enter by the coach.</p> <p>The sharing of equipment is not allowed, and the touching of equipment should be kept to a minimum. If a player or coach loses control of the ball it should be passed back or collected keeping social distancing.</p> <p>Refreshments Each player should bring their own water bottle and must not share with anyone else. The water bottle along with any other personal belongings must be kept in the same location throughout the session, the locations will be identified by the coach and will be at least 2 metres apart from any other player/coach.</p> <p>Hand Washing/Sanitizing Players will be told where the hand washing area is and will be encouraged to use it at regular intervals throughout the session but at a minimum when they arrive and before they leave. Social distancing must be followed in these areas.</p> <p>Changing rooms These will not be open.</p> <p>Toilets These will not be open. Parents will need to take players home to use their toilets, they can return afterwards.</p> <p>Containers Players must not enter the containers at any time.</p> <p>First Aid All sessions will be designed to be as safe as possible following standard club and FA safeguarding procedures. However if a player does require first aid it is the responsibility of the parent to give this with guidance from the coach. If a coach does need to administer First Aid they must be</p>	<p>Medium</p> <p>Low</p> <p>Low</p> <p>Low</p> <p>Low</p> <p>Medium</p>

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		<p>wearing disposal mask and gloves. First Aid equipment will be available.</p> <p>Training at other facilities (including HBK, One Leisure & Grafham) Local COVID-19 rules must be followed for each facility, including social distancing, parking and use of toilets etc.</p> <p>Sessions will follow the standard practice for training with social distancing taking place before, during and after each session.</p>	Medium
Matches including friendlies	<p>Coaches, players, parents and the public</p> <p>Spread of COVID 19</p>	<p>Symptoms If a person displays symptoms of coronavirus : high temperature (37.8 or more) or a new continuous cough, they should: -</p> <p>Stay at home and follow government guides on isolation. No player should attend matches until the necessary isolation has taken place.</p> <p>https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance</p> <p>If a player or coach becomes ill during or after a match, they should follow the guidance below.</p> <p>https://www.gov.uk/guidance/nhs-test-and-trace-how-it-works</p> <p>Travelling to the match All participants and other people attending the match should follow best practice for travel including but not restricted to</p> <ul style="list-style-type: none"> • Avoid public transport where possible • Only share with people within your family or social bubble • Keep windows open and wear a face covering • Clean vehicle on a regular basis <p>Facilities Players should where possible get changed at home and return home for a shower. Toilet facilities should be available (please follow any local COVID-19</p>	<p>Medium</p> <p>Low</p>

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		<p>rules at the location). Hands should be washed after visiting the toilet.</p> <p>Before the match Players, coaches and parents should follow social distancing guidelines. Players should sanitise their hands upon arrival at the venue. A COVID-19 briefing should take place once all players have arrived (someone from the coaching staff to perform this see Appendix A) Warm ups should be set up to minimise contact where possible. Team talks should be spread out and not in a huddle, handling of the match ball and warm up balls should be kept to a minimum. THE RESPECT HANDSHAKE WILL NOT TAKE PLACE.</p> <p>During the match Substitutions will take place as normal with social distancing taking place during and after the substitution. Before entering the pitch or after leaving the pitch hands should be sanitised. Goal celebrations should be kept to a minimum. Any interactions with the referee or other match officials should only happen observing social distancing. At half time or during official breaks in play players and coaches should remain socially distanced. Water bottles should not be shared and hands should be sanitised. Players and coaches should not spit and keep shouting to a minimum. Handling of the ball should be kept to a minimum.</p> <p>Injuries/Treatment Players do get injured and all coaches have undertaken the FA First Aid Course. If a player does require first aid it is the responsibility of the parent to give this with guidance from the coach. If a coach does need to administer First Aid they must be wearing disposal mask and gloves. First Aid equipment will be available.</p> <p>After the match Players should hand sanitise after leaving the pitch. Social distancing should be observed and players, coaches and parents should leave as soon as possible to avoid match/pitch congestion.</p>	<p>Low</p> <p>Low</p> <p>Medium</p> <p>Medium</p> <p>Low</p>

Relevant links

Cleaning of non-healthcare settings <https://www.gov.uk/government/publications/covid-19-decontamination-in-non-healthcare-settings>

Guidance on infection prevention and control for COVID-19 <https://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control>

First aid guidance <https://www.gov.uk/government/publications/novel-coronavirus-2019-ncov-interim-guidance-for-first-responders/interim-guidance-for-first-responders-and-others-in-close-contact-with-symptomatic-people-with-potential-2019-ncov>

FA Guidance https://link.service.thefa.com/u/nrd.php?p=an9ta7xlUw_370180_472468_1_5&ems_l=589600&d=Mjq3MDI3NjM%3D%7CYW45dGE3eEIVdw%3D%3D%7C

[How Risk Factor was calculated](#)

	Consequence:	Low	Medium	High
Likelihood:				
Low		Low	Low	Medium
Medium		Low	Medium	High
High		Medium	High	High

Appendix A

COVID-19 Briefing Statement (coaches/team official to conduct a briefing before the match)

Everyone should aware of your own personal health if you are feeling unwell you should mention it now and not take part. Do not share water bottles, keep socially distanced where possible and sanitise your hands regularly before, during and after the game and if you do feel unwell after the game please contact one of the coaches or Alan Lewey the Buckden Junior FC COVID-19 Officer.